

2/10/17 – Colorado Federal Executive Board (CFEB)
ALL EMPLOYEE ANNOUNCEMENTS – PLEASE DISTRIBUTE
<http://www.colorado.feb.gov/>

Nominations for the Rocky Mountain Eagle & United We Serve Awards have opened. *Nominations close on 28 February 2017, 5:00 pm MST*

ROCKY MOUNTAIN EAGLE AWARDS

<https://colorado.feb.gov/programs/awards/rocky-mountain-eagle/>

Recognizing Federal Employees. Eight (8) non-monetary awards

CATEGORIES

- ♦ Rookie of the Year
- ♦ Employee of the Year
- ♦ Supervisor of the Year
- ♦ Executive of the Year
- ♦ Outstanding Customer Service
- ♦ Improved Federal Image
- ♦ Special Project or Achievement
- ♦ Scientific Project or Achievement

UNITED WE SERVE AWARDS

<https://colorado.feb.gov/programs/awards/united-we-serve/>

Recognizing exemplary volunteer and community service by City, County, State, and Federal government employees in Colorado

PERFORMANCE PERIODS | January 1 – December 31, 2016

QUESTIONS | Please contact Jeff Conn | 303 202 4588 | jconn@colorado.feb.gov

###

KNOW YOUR GOVERNMENT

The official who is an intermediary between the party leadership and the rank and file members of Congress is the?

- a. Speaker of the House
- b. Majority Leader
- c. Majority Whip

- d. President pro Tempore
- e. Clerk of the House

*See below for answer

###

CFEB 2017 FED FORCE DRAGON BOAT FESTIVAL TEAM

The Colorado Federal Executive Board is soliciting new team members for the 2017 FED FORCE DRAGON BOAT TEAM. Teams are coed and members are expected to attend both days of the festival and the training sessions. We are planning to compete in the Flag Catching division. The team will compete only in that division.

DRAGON BOAT FESTIVAL – Sloan’s Lake | July 29 & 30, 2017 – Festival Days (attendance is mandatory for all team members)

TEAM TRAINING SESSIONS (attendance is highly recommended so you’re in shape to paddle)
April – May | Mondays 5:00 – 6:00 pm | Denver Federal Center Wellness Center (core strength training)

June – July | Train twice/week for one hour (pool & lake sessions) | Lake Location TBD

APPROXIMATE COST ~\$60-\$100

- ♦ DFC sessions are free
- ♦ There may be some other strength training opportunities | location and cost TBD
- ♦ Lake practices range from \$7-9 and depend on the cost of boat rental divided by the total number of paddlers.

Send email to Jeff Conn | jconn@colorado.feb.gov if interested no later than 24 February, 2017

###

CFEB RETIREMENT PLANNING CLASSES

<https://colorado.feb.gov/events-training/retirement-classes/>

###

FEBRUARY

BONFILS BLOOD DRIVE - PUEBLO CHEMICAL DEPOT

February 14, 2017 | 12:00 - 4:00 pm | Pueblo Chemical Depot, Pueblo CO | Bonfils Bus in Building 6 Parking Lot | For eligibility questions, contact Bonfils Donor Relations at 800-365-0006, ext 1. | CONTACT Kathryn Cain | 710 549 4060 | kathryn.r.cain.civ@mail.mil

###

VETERAN'S SMALL BUSINESS & WHY HIRE A VETERAN CONFERENCE

February 15, 2017 | 7:30 am - 4:15 pm | Hotel Elegante, 2886 S. Circle, Colorado Springs, CO

An event in support of Veterans in business and employers interested in hiring Veterans.

Register: www.coloradosbdc.org/vets

###

HIRING VETERANS: The "Keys to Success" Hiring Fair

February 16, 2017 | 10:00 am - 3:00 pm | William Reed Special Event Center, Fort Carson, CO | Free | An event for transitioning service members, veterans and spouses

For more information, call 719 526 1001/1002 or visit www.ppwfc.org

###

DAY OF REMEMBRANCE -75th Anniversary of Executive Order 9066

February 19, 2017 | 1:00 - 3:00 pm | History Colorado Center | 1200 Broadway, Denver, CO

For more information | dor@milehighjacl.org

###

THE BREAKFAST CLUB SERIES: Microsoft EXCEL Tips & Tricks

February 21, 2017 | 8:00 – 9:00 am | CFEB Training Room | Denver Federal Center | Lakewood CO | Free | Online Registration Required | <https://colorado.feb.gov/register/?ee=389>

- ◆ Master handy navigation tips & tricks
- ◆ Discover techniques to customize your Excel environment
- ◆ Find out how to be more productive managing workbooks
- ◆ Learn easy ways to copy and paste
- ◆ Discover data entry tips and automation shortcuts
- ◆ Learn quick formatting and AutoFill tricks

Trainer | Dawn Bjork | The Software Pro

###

DENVER FEDERAL CENTER CHAPTER OF FEDERALLY EMPLOYED WOMEN - Night with the Colorado Avalanche

February 21, 2017 | 7:00 pm | Pepsi Center | 1000 Chopper Cir. | Denver CO | Cost \$35

Come cheer on the Colorado Avalanche when they take on the LA Kings

Kerbi Jacobson | 303 887 4839 | info@dfcfew.org | Order tickets visit www.avstix.com/few17

###

FEDERAL EMPLOYEE RELATIONS

February 28 – March 3, 2017 | 8:00 am – 5:00 pm each day | Denver Federal Center, Bldg. 67, Rio Grande Room, Denver CO | Cost: Approximately \$700 per student (cost is divided among attendees, so cost may vary)

Learn the rights and responsibilities of agency employees in areas such as probationary periods, performance management and awards, discipline, conduct problems, leaves of absence, labor management issues, appeals and grievances, and more.

CONTACT | Benjamin Knauth | 303 445 2105 | bknauth@usbr.gov

###

MARCH AND BEYOND

DENVER FEDERAL CENTER PASSPORT ACCEPTANCE FAIR

March 3, 2017 | 10:00 am - 2:00 pm | Denver Federal Center | CFEB Training Room, Bldg. 25, Room 1442, Entrance E-14 | Federal Employees and their Family members only | Government ID required for entrance to the Federal Center & Bldg. 25

Are you planning on traveling internationally this year? Do you have a passport? Does it have plenty of validity left, or is it nearly expired? In honor of Employee Appreciation Day, representatives from the Department of State will accept passport applications from federal employees and their families at the Denver Federal Center. Why hassle with getting an appointment at the Post Office when Passport Services is coming to you?

If you are interested in applying, please bring original citizenship evidence (birth certificate, previous passport, naturalization certificate, etc.), government issued identification (driver license, state-issued ID, passport, etc.), at least one passport photo and a credit card for payment. We will have plenty of applications on hand for you to fill out, or you can bring a completed application, whichever you prefer.

Additional information regarding fees and application requirements is available at www.travel.state.gov

###

WRITING YOUR FEDERAL RESUME

OPM Trainer, Todd Floersheim will:

- ♦ Explain each section of the job opportunity announcement (JOA) to better inform applicants and help them in selecting the right job
- ♦ Highlight a 3 part process to help applicants write their Federal resume
- ♦ Use a real JOA to walk through a process that helps you determine qualifications and interest, identify the important requirements and then tailor your resume for that JOA
- ♦ Review the resume builder on USAJOBS

March 8, 2016 | 10:00 - 12:00 am | DFC CFEB Training Room, Bldg. 25, Room 1442 | Lakewood CO | Free | Online Registration Required <https://colorado.feb.gov/register/?ee=387>

March 8, 2016 | 2:00 - 4:00 pm | Fort Collins, CO | Location TBD | Free | Online Registration Required <https://colorado.feb.gov/register/?ee=388>

###

THE BREAKFAST CLUB SERIES: Phase Retirement

March 29, 2017 | 8:00 – 9:00 am | CFEB Training Room | Denver Federal Center | Lakewood CO
Free | Online Registration Required | <https://colorado.feb.gov/register/?ee=381>
Are you eligible & is it to your benefit to take it if you are?

###

VOLUNTEER ORGANIZATIONS ACTIVE IN DISASTERS (VOAD) CONFERENCE

April 23-25, 2017 | <https://www.eventbrite.com/e/mountain-west-voad-conference-2017-tickets-29799115958?aff=eivtefrnd>

You are invited be part of a growing group of VOAD's in the Mountain West area. The Mountain West VOAD Conference will be providing an opportunity for organizations, agency and individuals (volunteer, non-profits, faith-based, government, etc.) to increase their understanding and skills to respond successfully to all types of disaster.

###

SAVE THE DATE: BASIC MEDIATION COURSE

For those interested in becoming mediators or improving their conflict resolution skills!

May 8-12, 2017 | DFC, CFEB Training Room, Bldg. 25, Room 1442 | Registration link is forthcoming | Questions: 303 202 4588 | jconn@colorado.feb.gov

COURSE TOPICS OVERVIEW

- ♦ Overview of Alternative Dispute Resolution processes
- ♦ Principles of mediation, Stages and goals of mediation process
- ♦ The role of the mediator
- ♦ Nature of conflict/behaviors in conflict
- ♦ Mediation skills, including negotiation skills, interactive listening, question-asking, use of neutral language, reframing, interest identification, addressing barriers to agreement, agreement writing
- ♦ Cultural diversity
- ♦ Working with attorneys and representatives of parties
- ♦ Ethical issues, including confidentiality, impartiality, informed consent, & conflict of interests

Teaching methods will include lecture, large and small group discussion, interactive exercises, and coached role-playing. Students will participate in mock mediations under the supervision of experienced mediators, who will provide feedback to support and facilitate learning.

Upon successful completion of the course, students will receive a certificate.

###

MEMORIAL DAY RUN & RUCK MARCH

May 27, 2017 | 8:00 am | 500 Fairgrounds Rd, Castle Rock, CO | Register:
<http://www.runningguru.com/EventInformation.asp?eID=27224>

The Memorial Day Run & March invites civilians, Veterans, and uniformed Military to challenge themselves in friendly competition while helping feed homeless Veterans. We have 3 routes to choose from: 5K Run, 10K Run, and 30K Ruck March.

The Ruck March will be administered by a Norwegian Army Officer who will be presenting ALL civilian Marchers and ALL QUALIFYING uniformed Military Ruck Marchers with the Norwegian Foot March Medal, worn by the Norwegian Army.

100% of your registration (and donations!) goes directly to helping Colorado Veterans.

###

20th ANNUAL EXCEL TRAINING CONFERENCE

June 27 -29, 2017 | Hilton Chicago | 720 South Michigan Avenue, Chicago, IL | Cost: \$1500.00 (\$1,699 for specialty tracks) | Website: at <http://eeotraining.eeoc.gov/excelmain.html>

The EXamining Conflicts in Employment Laws (EXCEL) is the premier training experience for EEO representatives, HR professionals, managers and supervisors, and attorneys in the Federal and private sector. Learn from our experts and stay on top of the employment law information you need. EXCEL 2017 is a three-day training conference designed to provide the latest EEO legal updates and dynamic course topics. Register for the pre-conference workshops held on June 26: Counselor/Investigator Refresher and Advanced Litigation before the MSPB.

CONTACT: Michelle Crew | 216 522 4794 | michelle.crew@eeoc.gov | Patricia McMahon | 303.866.1344 | patricia.mcmahon@eeoc.gov | TO BE AN EXHIBITOR: Mary Tiernan | 215.440.2671 | mary.tiernan@eeoc.gov

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DENVER COMMUNITY EMERGENCY RESPONSE TRAINING PROGRAMS

Register | <http://www.denvergov.org/oem> | DenverCERT@denvergov.org | 303 725 3084

###

TRAINING @ DOI UNIVERSITY

DOI University (DOIU) offers competency-based training courses and programs designed to increase the skills of all federal employees.

<https://doiu.doi.gov/catalog.html?type=sp&id=lakewood> |
<https://doiu.doi.gov/catalog.html?type=c>

###

DENVER FEDERAL CENTER DAM GOOD SPEAKERS TOASTMASTERS CLUB

Tuesdays | 11:30 am - 12:30 pm | DFC Building 67 | Denver CO

CONTACT | vpm-302857@toastmastersclubs.org | <http://damgoodspeakers.toastmastersclubs.org>

###

VAN & CARPOOL

Vanpools needing riders are listed on the CFEB web site

<https://colorado.feb.gov/resources/van-pools/>

If you would like the CFEB to add your van or carpool to the web site, email the information to jconn@colorado.feb.gov

###

HEALTH DOES MATTER

Yoga @ DENVER FEDERAL CENTER - WELLNESS CENTER

Denver Federal Center | Bldg. 75 | Kiel Hovland | 303 236 6911 | kiel.hovland@gsa.gov

Tuesday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Thursday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Sue Doty | Pre-register @ 720-252-7935 | dotys1@yahoo.com

Drop in Cost is \$10 –or- 4-Punch Pass - \$30 (Classes open to all: Feds & Non-Feds; Members & Non-Members)

FEHB VIRTUAL SERVICE

1st Wednesday of every FEHB pay period | 9:00 - 10:00 am

Hosted by Kaiser Permanente | 1 800 632 9700 | kp.org/feds

CONFERENCE LINE | 1 855 851 8843 | Code 570 038 434 #

ONLINE | www.kpfedtalk.org | Code kpfedtalk1 | Follow prompts for audio

Connect with FEDSTRIVE Region 8

Facebook - <https://www.facebook.com/FedStriveR8>

www.FOH.hhs.gov

BONFILS DFC BLOOD DRIVE

2nd Thursday of each month | 8:00 am - 1:30 pm

Denver Federal Center | Bldg. 67 | Hungry Horse Room

SCHEDULE AN APPOINTMENT | www.bonfils.org (site code is 2015) | 303 363 2300

Betty Palcsak | 303 236-6905 | bpalcsak@usgs.gov

###

PETS OF THE WEEK

Adopt a pet and save a life

Hunter | Bloodhound | Male | 1 year old

MY FAIRY DAWG MOTHER RESCUE | 720 939 7017 | <http://www.dogrescuecolorado.org/>

Butters (182162) | Cat | Male | 3 years old

FOOTHILLS ANIMAL SHELTER | 303-278-7575 | info@fas4pets.org

<http://www.FoothillsAnimalShelter.org>

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VOLUNTEER OPPORTUNITIES

VOLUNTEERS & FOSTER HOMES NEEDED FOR CAT SHELTER

Angels With Paws | 2540 Youngfield St | Lakewood CO
Please contact shelter manager Sondra Bailey | 303 274 2264 |
<http://www.angelswithpaws.net/volunteering/>

###

SISTERHOOD OF THE TRAVELING PETS

Saturdays (year round) | 9:00 am - 3:00 pm | Colorado Springs/Denver
<https://www.facebook.com/sisterhoodofthetravelingpets>
Sassie Skelton | 719 482 0705

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JOB ANNOUNCEMENTS

<https://www.usajobs.gov/>
Helpful hiring tips from USAjobs.gov - https://help.usajobs.gov/index.php/Main_Page
Links to information on building your resume, etc. - <http://www.fs.usda.gov/main/r3/jobs/outreach>

OPM CyberCareers.gov website

<https://www.opm.gov/news/releases/2017/01/opm-launches-new-cyber-careers-website/>

USDA Forest Service, Rocky Mountain Region

Individuals interested in 2017 temporary employment can apply through [USAJOBS](#) during three different time frames (phases). Visit the [Rocky Mountain Region](#) website for more information.

Job seekers will be able to apply for temporary jobs during these time frames:

- ♦ **Early March 2017** | Remaining positions

National Older Worker Career Center (NOWCC) AGE 55+ | Denver, CO

Community Involvement Support

https://www.nowcc.org/states-with-open-positions/position-details/?position_id=3712

Assessment and Revitalization Program Professional Support | https://www.nowcc.org/states-with-open-positions/position-details/?position_id=3752

Lead and Asbestos Inspector | https://www.nowcc.org/states-with-open-positions/position-details/?position_id=3755

###

KNOW YOUR GOVERNMENT TRIVIA ANSWER

The answer is C: The question refers to members of Congress, so you should eliminate officials of one house or the other – Speaker of the House, Clerk of the House, President Pro Tempore of

the Senate. The major leader is obviously part of the leadership, which leaves you with the Majority Whip.

*Questions and Answers for Know your Government Trivia is taken from the Cliffs AP; U.S. Government & Politics, AP Test Prep book, pg. 70 – **Paul Soifer**

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CFEB EMAIL ANNOUNCEMENTS

To submit information to be included in the announcements, please email it by Wednesday of each week to jconn@colorado.feb.gov in the following format.

Title

Date | Time

Location | 3333 W 32 Ave | Denver CO (no punctuation)

Cost (if applicable)

Brief Description (very short marketing blurb | a couple of bullet points or sentences)

CONTACT Name | 303 333 5555 | email

Website

Recent CFEB announcements are posted on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=10&page=Announcements>

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Have a safe and wonderful weekend

Jeff

Jeff Conn | Acting Executive Director | jconn@colorado.feb.gov

Colorado Federal Executive Board (CFEB)

PO Box 25567 | Lakewood CO 80225-0567

303 202 4588 | <http://colorado.feb.gov/index.php>

Working for the greater good by creating partnerships for intergovernmental communication & collaboration!

Please email jconn@colorado.feb.gov to subscribe or unsubscribe from CFEB email